New Parent Safety Checklist

Essential Tips for Keeping Your Baby or Toddler Safe at Home

Home Safety

- ✓ Install and test smoke and CO alarms regularly
- Keep small objects including batteries and coins out of reach
- Store cleaning supplies, laundry tablets and medication out of reach
- Ensure water is below 38°C to prevent burns
- Child-proof electrical sockets with covers and put catches on cupboard that contain dangerous items

Toy Safety

- Check toys regularly for wear or damage; repair, replace, or discard if unsafe
- ✓ Follow all instructions and safety warnings
- Report any safety concerns to the manufacturers or retailers
- Buy toys from a reputable toy manufacturer that have been quality tested and also have a CE/UKCA mark
- Choose age-appropriate, safety-tested toys (toys certified for 3 years & above may contain small parts)
- Avoid toys with loose ribbons, long ties, and detachable cords

Feeding & Choking Prevention

- Cut food into small, manageable pieces
- Do not give young children hard foods, such as boiled sweets or whole nuts
- Always supervise during feeding times
- Always have your child sitting upright whilst eating
- ✓ Keep a LifeVac anti-choking device within reach



Car & Travel Safety

- Use a rear-facing car seat and ensure it has been installed correctly
- Never leave baby unattended in a vehicle, even briefly
- Keep a travel LifeVac in the car in case of choking emergencies



