



Instructions For Use

PRO MOVE

A 2 B WITH DIGNITY



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1 Introduction

The **ProMove Sling** is used as a manual transferring and/or repositioning sling to transfer a disabled or incapacitated individual from one position or location to another seated position. The sling creates a bucket shaped seat to transfer the user, with the assistance of operators / care givers and using the handles located on the sling. The sling is available in different sizes for children from aged three (3), through to large sized adults and bariatric (including super-bariatric) patients. Using the slings will enable a safer, more comfortable and dignified transfer for the individual and reduce risk of potential injury.



Children

The Child 1 Sling is designed for moving a child from 3 – 10 years of age, the Child 2 Sling can be used for children from 8 – 14 years and the Child 3 Sling / Young Adult can be used for children from 10 – 18 years where a hoist cannot be used.

Adults

The Adult Standard Sling is designed for moving and handling a child from approximately 12 years of age to a large adult, for transfer where a hoist cannot be used.

Bariatric and Super Bariatric

Designed for moving bariatric individuals, where a hoist cannot be used. Up to eight extension handles can be fitted to the slings for bariatric handling to enable eight operatives to be involved in the move, distributing the weight between them. The slings and extension handles make the most challenging move more manageable, reducing the risk of potential injury to operatives and providing safety, comfort and dignity for the bariatric individual. The Bariatric and Super Bariatric slings offer a secure and controlled move with a maximum of eight operatives, thereby spreading the load and reducing the risk of potential injury.

Contra-indications: The ProMove slings should not be used for moving / transferring an individual with a double amputation above the knee.

2 Important Safety Information

Symbols – what do they mean?



Indicates a hazardous situation that, if not avoided, could result in death or serious injury.



Indicates a hazardous situation that, if not avoided, could result in minor injury.



Indicates information considered important, but not hazard-related.

2 Important Safety Information (Continued)

Safety Information – please read

NOTICE

The slings are intended to be used by those fully trained in manual handling techniques.

CAUTION

Before Using: Please read and understand the Instructions for Use. Bleached, worn, cut or frayed slings are unsafe and could cause injury or death.

WARNING

CHECK BEFORE USE FOR SIGNS OF DETERIORATION If in doubt do not use. Destroy, discard and replace the sling.

WARNING

During Use: Take care to ensure sling / material is not damaged during use.

WARNING

EXAMINE SLING AND ACCESSORIES BEFORE EACH USE Do not use if damaged. The slings may be used on suitable hoists with the hoist straps to a maximum SWL. The hoist straps can be purchased separately.

WARNING

The ProMove slings should not be used for moving / transferring an individual with an amputation below the knee or transpelvic amputation.

NOTICE

REFER TO THE INSTRUCTIONS FOR USE FOR FULL LAUNDERING INSTRUCTIONS.

NOTICE

NOT FLAME RESISTANT, KEEP AWAY FROM FIRES.







NOTICE







How to tie a Larks Foot Knot:



3 Equipment overview

Sling models (Table 1)

Model		Part Number	Description	Safe working load/ Number of operators required to carry
Child 1 (Head support version available)		CH1 (with Head Support CH1HS)	For children between 3 – 10 years. Red and blue binding, 2 black handles at shoulders	SWL* 10st (140lb / 63kg) 2-4 operators**
Child 2 (Head support version available)		CH2 (with Head Support CH2HS)	For children between 8 – 14 years. Red and red binding, 2 black handles at shoulders	
Child 3/ Young Adult (Head support version available)		CH3 (with Head Support CH3HS)	For children between 10 – 18 years. Red and cream binding, 4 black handles at shoulders	SWL* 20st (280lb / 127kg) 2-4 operators**
Adult sling (Head support version available)		AS (with Head Support ASHS)	For an adolescent from 12 years to a large adult Grey with blue binding, 4 black handles at shoulders	SWL* 45st (630lb / 285kg) 2-8 operators**
Bariatric sling		BS	Grey with red binding, 4 black handles at shoulders	SWL* 63st (880lb / 400kg) 4-12 operators**
Super Bariatric sling		SBS	Grey with blue binding, 5 black handles at shoulders	

Airport Kit		AKIT	Grey Adult Sling with blue binding. 4 black handles at shoulders, set of 8 extension handles and airport bag.	SWL* 45st (630lb / 285kg) 2-8 operators**
Emergency sling		ES	Red with red binding, 4 black handles at shoulders	
Emergency Services Kit		ESKIT	Red Adult Sling with red binding, 4 black handles, set of 8 extension handles and bag.	
Evacuation Kit		EVKIT	Grey Adult Sling with blue binding, 4 black handles, set of 8 extension handles and bag.	
Ambulance Patient Transfer Service (PTS) Kit		PTS	Red Adult Sling and Super Bariatric Sling, set of 8 extension handles and grey bag.	Adult Sling: SWL* 45st (630lb / 285kg), 2-8 operators** Super Bariatric Sling: SWL* 63st (880lb / 400kg), 4-12 operators**
Bari-Kit		BKIT	Red Adult Sling, Bariatric Sling, Super Bariatric Sling, bugg strap, lifting belt, set of 8 extension handles, large blue slide sheet and large grey bag.	Adult Sling: SWL* 45st (630lb / 285kg), 2-8 operators** Bariatric Sling: SWL* 63st (880lb / 400kg), 4-12 operators** Super Bariatric Sling: SWL* 63st (880lb / 400kg), 4-12 operators**

*SWL: Safe Working Load

**The number of operators should align with the user's Manual Handling Guidelines and Risk Assessment.

3 Equipment overview (Continued)

Sling diagram

Once the correct sling has been selected, familiarize yourself with the sling. The diagrams below illustrate each part of the sling and where those involved in making the move should be holding onto.

Note: Sling colour, design and number of handles will vary according to size and model purchased.

Child 1, 2 & 3 slings, Adult sling, and various kits








Bariatric and Super Bariatric slings



3 Equipment overview (Continued)

Accessories

If using any accessories, ensure you have them ready and in place before making any move.

<p>Slide sheet (blue): Tubular slide sheet; tuck under sling/ individual from front, side or rear to slide the individual. Whenever possible use the sling in conjunction with the slide sheet to minimise or eliminate lifting. (SKU: SSB)</p>	
<p>Slide sheet (red): Tubular slide sheet, tuck under sling/ individual from front, side or rear to slide the individual. Whenever possible use the sling in conjunction with the slide sheet to minimise or eliminate lifting. (SKU: SSR)</p>	
<p>Extension handles (orange): To attach the extension handle, pass through the handle on the sling and back through itself and pull tight as a Larks foot knot. Two or more can be attached to any sling handle. Set of 8 provided. SWL (Safe Working Load) 20st / 127kg. (SKU: EH)</p> <p>WARNING</p> <p>Application of Larks foot knot will reduce the safe working load of handles.</p> <p>NOTICE</p> <p>Please retain packaging for traceability purposes.</p>	
<p>Bugg strap (green): Pass behind the individual's back or beneath the thighs to assist in getting the sling into the correct position. (SKU: BUGG)</p>	
<p>Padded belt (red / grey): Can be used to gently support the legs by two operatives. (SKU: PLB)</p>	

3 Equipment overview (Continued)

Hoisting straps (yellow / blue / black): Used only by private individuals with a manual hoist or overhead track hoist.

⚠ WARNING

The hoist straps are not compatible with hoists using clip attachments. The operative must be sure they understand the operation of the hoist and its suitability for the size and weight of the individual to be transferred and/or repositioned before usage.

To attach hoist straps: Pass the yellow strap through the two yellow handles, bring the strap back on itself and pass through the ring (as a Larks foot knot). Pull tight. Repeat with the blue strap through the blue handles and the two black straps through the two uppermost rear black handles.

Place the loops over the hooks on the spreader bar of the hoist using the most appropriate loop on each strap depending on the size of the individual and whether the individual is to be maintained in an upright or reclined position. SWL (Safe Working Load) 14st / 88kg. (SKU: HS)

⚠ WARNING

Application of Larks foot knot will reduce the safe working load of handles.

NOTICE

Please retain packaging for traceability purposes.

Carry bag (standard / head support)

In red or grey, coordinated with sling colour. The compact kit bag is just the right size to carry the sling and accessories, keeping them clean and to hand. The strap allows the bag to be carried over the shoulder or placed on the back of a wheelchair.



4 Maintenance, disposal and reporting



Please follow these maintenance instructions, if these instructions are not followed it could void the guarantee provided by PROMOVE, and the sling may not perform as designed and could result in no longer being safe to use.

Slings and Accessories Cautions

Storage: When not in use keep the sling and accessories clean and dry in the storage bag provided. **Avoid excessively hot or humid conditions or direct sunlight.**

Lifespan: Under optimal storage conditions and without use: 10 years. Occasional and appropriate use without signs of wear and tear and optimal storage and care: 6 years. Frequent use: **if the sling or any component appears faded, worn or frayed it should be destroyed and replaced (see diagram on page 12).**

If you have any concerns regarding the sling and accessories, please email enquiries@promove.uk.com or call +44 (0) 121 726 0299.

Monitoring: Visually examine the sling and accessories before each use paying special attention to stitching. **The sling and accessories should be examined at least once every six months by a competent person and their condition recorded**, using the unique serial number on each sling and stirrup. Table 2 (see page 17) is provided as an Equipment Record Sheet for traceability purposes.

Laundering: All components should be washed after each use: wash at 72°C using a mild detergent and the washing component of the cycle should be kept at this temperature for at least 10 minutes. Do not bleach, do not tumble dry. **If contaminated by oil, corrosive materials or unknown substances, the sling and / or accessories should be destroyed and replaced.**

Bag: Keep all components in the bag when not in use. Ensure all components are clean and dry before packing / storage.

Disposal: Please dispose of the device in accordance with your Local Authority Regulations in an environmentally responsible manner or return to ProMove who will dispose of it in an environmentally responsible manner.

Reporting: Any malfunction or fault with the ProMove sling or accessories should be promptly reported to ProMove and your Manual Handling / Safety Coordinator.



Any serious incident (one that causes death or serious injury) that occurs in relation to the ProMove slings or accessories should be reported to ProMove and the competent authority in the territory where the user is located.

Sling / Webbing Checks

All the below are not accepted, please discard and replace. If in doubt about the integrity of the material / straps please ensure the parts are replaced.



PLEASE NOTE: The images used in this guide are from assessment and training exercises with Fire and Rescue Services using preproduction models. Production models may differ.

5 Preparation and deployment

a. Preparation



Placing a bariatric individual on their back may not be possible because of health or location problems. In some cases, this can cause serious respiratory difficulty that may be fatal. If in a seated position, maintain the individual in that position.



NOTICE

Ensure everyone involved is aware of their tasks before deploying and moving the individual.



NOTICE

To find out more about the ProMove slings go to our website promove.uk.com To watch our 'How to' videos go to our website promove.uk.com and click on the YouTube link at the bottom of the page.



If you believe the slings are not an optimal fit for the individual, please contact ProMove by email on enquiries@promove.uk.com or call **+44 (0) 121 726 0299** for advice.

5 Preparation and deployment (Continued)

T . I . L . E (Task, Individual, Load, Environment)

Task

- Explain to the individual what you propose to do.

Individual

- Assess the capability of the individual; what assistance, if any, they can give. Identify relevant health issues.

Load

- Assess and / or request the safe working load (SWL) of patient / individual.
- Determine if the use of a slide sheet is appropriate.
- Determine how many operatives will be involved and identify the individual who will take the lead.
- Ensure that each member of the team is aware of what they are required to do.

Environment

- Assess the location, determine what physical obstructions there are, will certain members of the team have to step over or around an obstruction, what is the nature of the floor; slippery, sticky, uneven, deep carpet.

Implementing the move

Ensure all operatives have a firm grip. On the guide of the lead operative, move and slide the individual into the new location.

Move in short stages, pause, and if necessary, reassess. Remain aware of the well-being of patient and operatives at all times.

More moving options

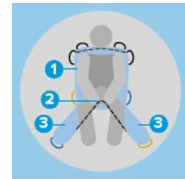
If using two people to implement the move, one person can stand behind and grasp two handles at the rear with the other person at the front grasping both sets of coloured (blue and yellow) handles. Alternatively, one person can stand either side, each taking one rear handle and one front (blue or yellow) handle.

Using four people to make the lift will reduce the load on each individual; two should be at the rear and two at the front. If possible, use in conjunction with a slide sheet to minimise or eliminate lifting.

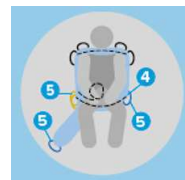
5 Preparation and deployment (Continued)

b. Deployment

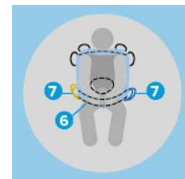
1. Place the sling behind the person's back tilting the person forward if necessary. The surface with the label should be away from the body.
2. Push the sling down as far as possible so that the V-shaped cut is near the base of the spine.
3. Bring the two elongated parts down to either side of the individual.



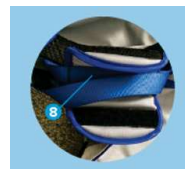
4. Lean the individual slightly to one side if appropriate, tuck the sling partly under the hip.
5. Then raising each leg in turn bring one of the elongated parts beneath both thighs and pull through to bring the coloured handle to meet the other handle of the same colour.



6. Repeat the procedure from the other side taking the elongated part under that already in place and again bring the handle through to meet the handle of the same colour.
7. Both yellow handles should be held together and joined with the padded fabric, securing with Velcro; in the same way both blue handles should be held together and secured with Velcro.



8. Turn padded piece over if necessary to ensure that both webbing handles are enclosed within the padded fabric.












The sling is now in the correct position for manually moving the individual.

WARNING

If the blue / yellow handles are not secured with the Velcro, the sling will open, and the individual could slip through and fall to the ground.

6 Symbol glossary

	Date of Manufacture symbol Indicates the date when device was manufactured. (Symbol 5.1.3 from ISO 15223-1:2021. Medical devices – symbols to be used with medical device labels, labelling and information to be supplied).
	Medical Device Indicates this is a medical device. (Symbol 5.7.7 from ISO 15223-1:2021 Medical devices – symbols to be used with medical device labels, labelling and information to be supplied).
	Serial number Indicates the manufacturer's serial number so that a specific medical device can be identified. (Symbol 5.7.7 from ISO 15223-1:2021 Medical devices – symbols to be used with medical device labels, labelling and information to be supplied).
	Consult instructions Consult Instructions for Use. (5.4.3 from ISO 15223-1:2021 Medical devices – symbols to be used with medical device labels, labelling and information to be supplied).
	Manufacturer Indicates the device manufacturer. (Symbol 5.1.1 from ISO 15223-1:2021 Medical devices – symbols to be used with medical device labels, labelling and information to be supplied).
	Lot number Indicates the manufacturer's lot number for that part. (Symbol 5.1.5 from ISO 15223-1:2021).
	CE MARK The ProMove is registered with the UK MHRA (Medicines and Healthcare products Regulatory Agency) to manufacture Class I medical devices. Our products are classified as Class I and carry the CE mark under the EU Medical Device Regulations (2017/745).
	UKCA Mark The ProMove is registered with the UK MHRA (Medicines and Healthcare products Regulatory Agency) to manufacture Class I medical devices. Our products are classified as Class I and carry the UK CA mark under the UK MDR 2002.
	Authorized representative in the European Community/European Union Indicates the authorized representative in the European Community/European Union.



6 Symbol glossary



DO NOT BLEACH



DO NOT TUMBLE DRY




WASH AT 72° DEGREES CELSIUS

Equipment Record Sheet (Table 2)

Model of sling / Accessory	Serial Number	Lot Number	Date of Manufacture

PROMOVE

A 2 B W I T H D I G N I T Y

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