

# Your holiday home has a Carbon Monoxide Alarm

## To Keep You Safe On Your Holiday

### What is Carbon Monoxide?

Carbon Monoxide (CO) is a colourless, odourless, tasteless and toxic gas created by the incomplete combustion of fossil fuels (gas, oil, coal and wood), as used in everyday appliances such as heaters, cookers, log burners and boilers.

### Why do I need a Carbon Monoxide Alarm?

Having no colour, smell or taste means that carbon monoxide is very hard to detect without an alarm. It is highly poisonous and can result in serious symptoms or death if not detected quickly.

*Always follow these tips for a CO safe holiday...*

- ✓ **Never ignore the detector if an alarm sounds.** It is unlikely to be a false alarm. Follow the steps below 'What do I do if the CO alarm sounds?'.
- ✓ **Never block up vents** in your holiday accommodation. Good air circulation is very important to prevent a build-up of CO gas'
- ✓ **Always use a BBQ in a well ventilated area** and never bring it inside your holiday accommodation
- ✓ **Do not tamper with any gas boilers or appliances.** Only a Gas Safe Engineer should repair appliances. If you have any issues, please contact your holiday home provider.



### What do I do if the CO alarm sounds?

Quickly follow these steps:

1. Open all doors and windows immediately
2. Turn off any fuel appliances and the mains gas supply if you can (see below)
3. Evacuate the property immediately
4. Contact the Gas Emergency Services and your Holiday Accommodation Provider (see below)

**Seek medical help if you suspect carbon monoxide poisoning.**

**Look out for these symptoms:**

- Nausea or vomiting
- Headaches or dizziness
- Flu-like symptoms
- Difficulty breathing
- Stomach pains
- Drowsiness or confusion
- Sudden collapse or lack of consciousness

**Gas Emergency Services**

Call 0800 111 999

**Call Holiday Home Provider**

**Gas Mains Location**

For detectors, help or advice on carbon monoxide visit [Safelincs.co.uk](https://www.safelincs.co.uk)

